



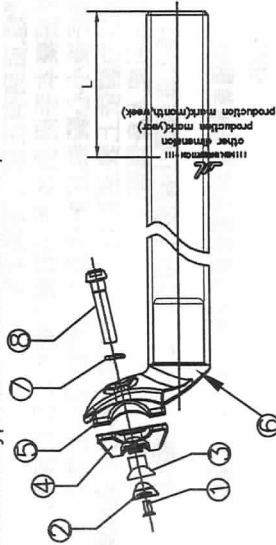
## SEAT POST USER MANUAL

Thanks for choosing HL Seat Post. It will give you reliable service if it is installed and maintained properly. Please read through these instructions completely before you install your new seat post. Follow them carefully.

If you are not an experienced bicycle mechanic, or do not have correct tools for this job, please take the parts and the instructions to your favorite bike shop. Let them do the work. Do not modify these seat posts. Modification may result in failure and could cause severe personal injury. Modification of the seat post will also void the warranty.

### 1. sketch map

Different type with a little different in profile.



### 2. Operation step

- 1) First make below-plate ⑤ fit well the cradle ⑥
- 2) Let bolt ⑦ pass through spring washer ⑦, cradle ⑥, below-plate ⑤, upper-plate ④, spherical-head nut ③, adapter ② in sequence from the bottom of cradle, spherical-head ①.
- 3) Tighten the bolt ⑧ by spanner.

### 3. Table of bolt lockint torque:

NO	bolt spec	locking torque	indication
1	M6	90-100kgf	9-10N.m
2	M7	110-120kgf	11-12N.m
3	M8-M10	180-200kgf	18-20N.m

### 4. notice

- 1). Work clean.
- 2). Plan the job beforehand. Get any tools or new parts you know you will need ahead of time.
- 3). Be patient-work like a pro. Don't force anything that shouldn't be.
- 4). Do the work when you have some time not just before a ride.
- 5). Take it to the shop if you don't know what you are doing.
- 6). Ask questions. Wait for good answers before you proceed.
- 7). Don't throw this booklet away. Refer to it as you have it questions regarding this part.
- 8). Ride your bike cautiously after you've worked on it. Heck out carefully until you are confident it is right.
- 9). Make sure refer to the locking torque shown above table. otherwise it may lead bolt to be broken and cause personal injury due to excessive strong/weak torque.
- 10). It is not allowed to below insertion mark(L) for the min insertion depth that seat post inserted into frame.

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